

RIGHT TO CHOOSE WITH HEALIOS

INFORMATION FOR FAMILIES AND SUPPORTERS

Your NHS Right to Choose Referral with Healios.

Your GP or healthcare professional has referred you to Healios through the NHS Right to Choose scheme for an assessment or support service.



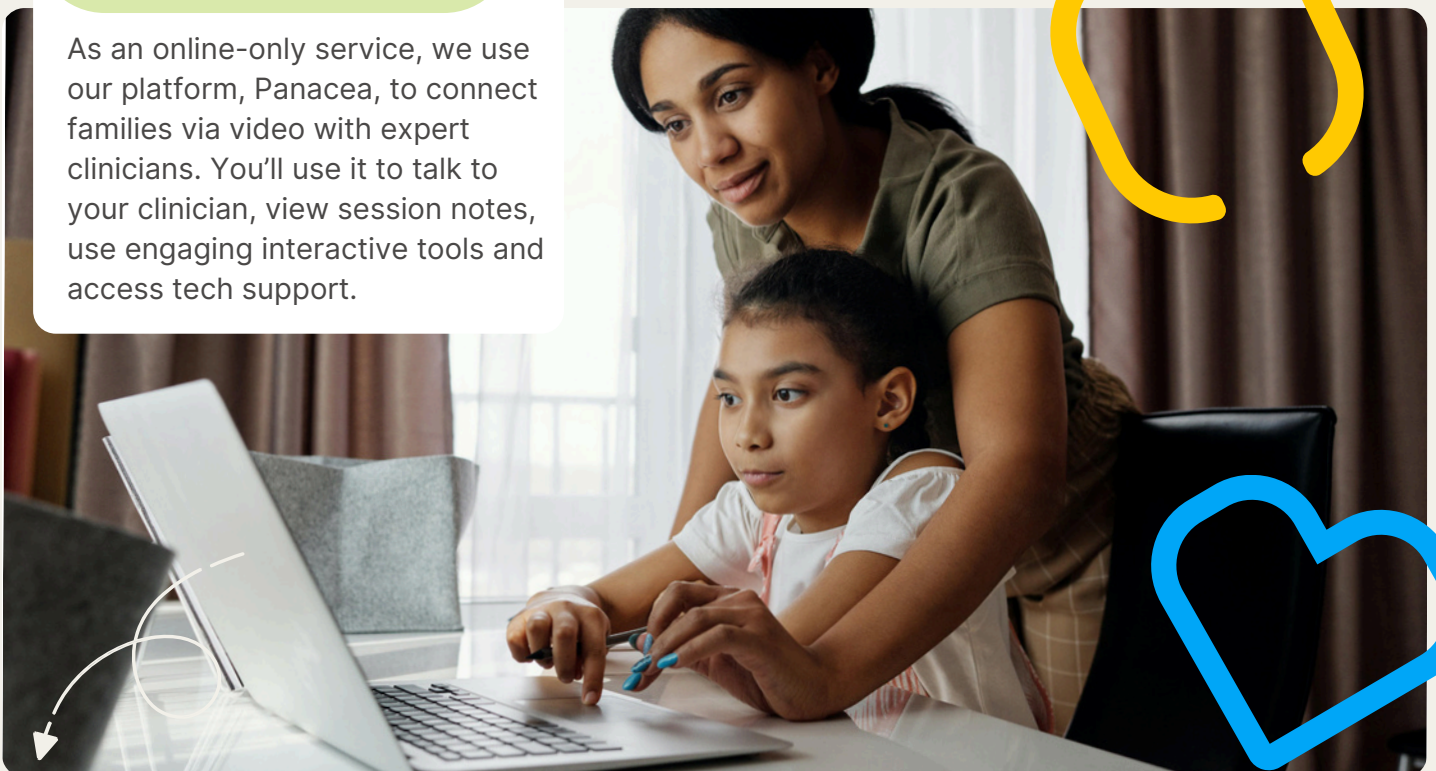
We're Healios – a trusted NHS approved provider of online neurodevelopmental and mental health assessments and support. We work with both adults and children, offering services for autism, ADHD, and related needs.

We have one of the largest team of expert clinicians in the UK, specialising in autism, ADHD, and mental health.

By choosing Healios through the NHS Right to Choose scheme, you'll receive expert-led care, clear guidance to prepare for your assessment, and the support you need to move forward with confidence.

HOW HEALIOS ONLINE ASSESSMENTS WORK

As an online-only service, we use our platform, Panacea, to connect families via video with expert clinicians. You'll use it to talk to your clinician, view session notes, use engaging interactive tools and access tech support.



STEP ONE**Referral**

We receive your referral through the NHS Right to Choose scheme.

We'll then help you set up your Healios account and send an email and text asking you to activate it.

STEP TWO**Complete questionnaires**

To help prepare for your assessment, we'll send you a few online questionnaires. These are quick and easy to fill out, and they give us valuable information about your needs. If your child is being assessed, we'll also reach out to their school for some information.

STEP THREE**Get booked in**

Once your Healios account is active, we'll contact you (via email) to schedule your appointments. Our team will guide you through the process.

**STEP FOUR****Attend sessions**

Your assessment will usually involve appointments with different clinicians, often on separate days. These sessions are tailored to your needs based on the referral and may include developmental history, clinical interviews, observations, or structured activities.

- **For children (your child):** Parents or carers usually join the first appointment to discuss developmental history. The ongoing sessions often include observations and interaction with the child or young person.
- **For adults:** You'll need to attend all appointments and may wish to invite someone who knows you well to the first session.

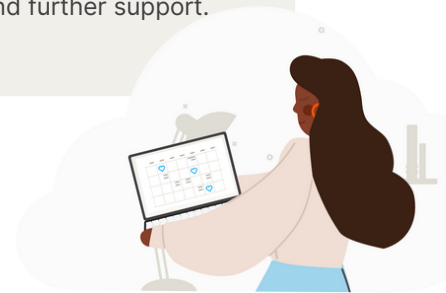
During the sessions your clinicians will get to know you (or your child) and complete various activities and talk about specific areas to understand more about your/their communication and interaction style.

STEP FIVE**Results and next steps**

Once your sessions are complete, your clinicians will carefully review all the information gathered and agree a robust clinical outcome. We'll share outcomes with you during a feedback session and provide a full report and answer any questions you may have. We'll also share this with your GP.

STEP SIX**Saying goodbye**

Our service ends once your assessment or support is complete. We'll guide you on any next steps and where to find further support.

**FURTHER SUPPORT**

please reach out to our dedicated client operations team at rtc@healios.org.uk